



WOMEN'S LEADERSHIP INSTITUTE
Equipping Women for Christian Leadership

P R E S E N T S

Growing Together



Mentoring Workshop

Let Your Mentoring Skills Take Shape

S . M . A . R . T . G O A L S

a free mentoring tool from
wlicuw.org/growingtogether



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The Growing Together Mentoring Workshop was made possible in part by the Siebert Lutheran Foundation.

Invest Time in a Plan Using S.M.A.R.T. Goals

What is a problem that you just need time to address? What parts do you have the ability to influence? Work through the S.M.A.R.T. steps.

Specific: The goal statement should be concrete and action-oriented. Is the goal clear to the individual and to those holding the individual accountable?

S: _____

Measurable: How will the individual and others know when the goal is achieved? What will success look like? Are there steps in the process that can be tracked?

M: _____

Achievable: Is the goal attainable while still encouraging the individual to grow?

A: _____

Realistic: Does the individual have the ability and commitment to reach the goal? Are there other supports or resources that should be put in place?

R: _____

Timely: What time frame should be agreed upon to make accountability possible? Do you have a follow-up conversation planned?

T: _____

Now who will hold you accountable to seeing your plan through?